

# Frequently Asked Questions

## **Are all equine massage therapists the same?**

Like any profession there are good and bad massage therapists. Many spend hours learning anatomy, techniques, latest research and studying, others are more apprenticeship based and learn much of their craft on client horses. In general there are two types of massage therapists;

Relaxation / Body Worker  
Sports Massage / Swedish / Therapeutic

## **How do I choose a massage therapist?**

There is no regulatory body for Equine Massage Therapists, so education and skill level may vary greatly from one individual to another. Ask local trainers and veterinarians who they would recommend, also take the time to go and watch a treatment and ask questions.

## **How often should I have my horse treated?**

The frequency of treatment for your horse depends on many factors including;

Workload and type of work  
Pre-existing conditions and health problems  
Conformation and Age

Please ask your massage therapist what they recommend.

## **Can the massage therapist diagnose lameness and disease?**

Your massage therapist is an excellent resource to ensure your horse is healthy and happy in his work. They are NOT, however, a replacement for regular veterinary attention. There are many diseases, lamenesses and ailments that must be diagnosed and treated by a Veterinarian. A good massage therapist will be able to recommend when it may be time to call the veterinarian.